

See a doctor without leaving the house

HMSA's Online Care[®] allows you to talk with a doctor 24/7, 365 days a year, without leaving home.

- All you need is a smart phone, tablet, or computer.
- It's convenient, secure, and confidential.
- Download the free app or visit hmsaonlinecare.com.



Download the free mobile app or visit hmsaonlinecare.com.



Available for most Apple and Android devices and tablets. You must be in Hawaii to use HMSA's Online Care. Depending on your health plan, you may be charged a copayment.

AmericanWell[®] is an independent company providing hosting and software services for HMSA's Online Care platform on behalf of HMSA.